

# WEST PARK

MAGAZINE

WEST PARK KAMM'S NEIGHBORHOOD DEVELOPMENT | HOLIDAY 2020





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– Patty W., Timber Edge, N. Ridgeville 10/19/20



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13710 Belleshire Ave. • \$85,000  
West Park



The vision of West Park Kamm's Neighborhood Development is to promote, develop, and guide the West Park neighborhood as the best place to live, learn, work, shop, and play.

17407 Lorain Avenue | 216-252-6559  
 westparkkamms.org  
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### Letter from the Director and President

Dear Neighbors,  
 The holiday season kicks off in just a couple of weeks with Thanksgiving. In this difficult year, a day like Thanksgiving reminds us to pause, think about community and loved ones and reflect on that for which we can be thankful. The Board of Directors and staff at West Park Kamm's Neighborhood Development are particularly thankful to the West Park community, who, throughout the year, have proven to us the power and importance of good neighbors and kindness.

You helped us support local farmers and makers all summer long with record attendance at the Kamm's Corners Farmers Market. You kept neighbors safe by sewing masks and volunteering to deliver food to vulnerable residents. You connected with neighbors with yard signs, sidewalk chalk, and driveway happy hours. You had difficult conversations around racism in homes and bars and came together in a Common Ground conversation to talk about how to make West Park a more inclusive and welcoming community. Thank you!

Let's continue to celebrate community throughout the holiday season. We kick off the celebrations on November 28th on Small Business Saturday with the launch of our week-long reimaged Holiday Passport program. Support local businesses as you explore the 7 Days of Wonders in West Park to win prizes. Keep the celebration going on Sunday, December 6th from 10:00 am-1:00 pm when we draw the grand prize for the Holiday Passport and host the Kamm's Corners Winter Market outdoors this year. Then, when the weather turns cold, test out one of the holiday recipes shared by residents on pages 16-20.

Finally, win some cash while supporting the work of WPKND through the West Park Holiday Cheer 50/50 Raffle taking place online through December 6th! Buy your tickets at [westparkkamms.org/cheer](http://westparkkamms.org/cheer) for a chance to win a minimum of \$1,500.

Happy Holidays!

Rosemary Mudry | Executive Director

Todd Sheppard | Board President

### WPKND BOARD OF DIRECTORS

OFFICERS:

Todd Sheppard | President  
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# Kamm's Corners Winter Market

presenting sponsor



**Dedicated Senior  
Medical Center**  
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**SUNDAY, DECEMBER 6 | 10:00 AM - 1:00 PM**  
**West 168 Street and Albers Avenue**

West Park's favorite holiday tradition returns: The Kamm's Corners Winter Market! Reimagined for 2020, this year's Winter Market will take place outdoors at the summer market site! Masks must be worn by all.

## KICK OFF YOUR HOLIDAY SEASON WITH FUN

### Photos at "Winter in West Park" mural

Take your own photos and selfies in front of the "Winter in West Park" mural by West Park's Creations by Mimi.

### Live Music by Hip to That

Enjoy the duo, Hip to That, as they entertain the market guests with jazz, blues, pop, and holiday tunes.

### "Dress your Pooch" sponsored by donor West Park Animal Hospital



"Dress your Pooch" in their holiday attire and check in at the KCFM info tent to receive a raffle ticket for a chance to win a gift basket courtesy of West Park Animal Hospital, and valued at \$100+.



photo of Billy Ray - owner Mindy Arnold

## TAKE CARE OF YOU AND YOUR FAMILY

Stop by the Holiday Health booth from Dedicated Senior Medical Center



Thank you to **Dedicated Senior Medical Center** for their sponsorship of our 2020 summer and winter market. Dedicated Senior Medical Center is a PCP led team that is honoring seniors with affordable VIP care that delivers better health. To schedule a tour of their new center at 13719 Lorain Avenue, call 216-905-3441.

## SHOP AND SUPPORT LOCAL

**Farm Fresh** - locally grown winter veggies and more  
Needham Gardens, Black River Farmstead

### Handcrafted Foods

Miss Maddie's Yummy Creations, All The Girls Honey, Jimmy's Jams, Breadhead Breadery, Pierogi Pantry, The Cookie Jar Enterprises, SMYRNA Mediterranean Morsels, Crack Corn, Snowmon's Kombucha, Pickles' Pickles, Micah Specialty Foods

### Artists|Makers

Fireside Glass Art, Aunt Margie's Garden, St.Croix Farms

**NEW! West Park Merch** - campfire mugs, stemless wine glasses, knit winter hats, buttons, and stickers for sale. Funds raised help WPKND's community programs and events. See page 7 for West Park Merch!

and more..

## GIVE BACK TO YOUR COMMUNITY

### Seats & Feet Drive



NEW Underwear and NEW Sock Drive to benefit  
Laura's Home Women's Crisis Center  
All Sizes Needed: boys and girls 2T-16 and all adult sizes  
Bring your donations to the Dollar Bank tent!



Donate new underwear and/or new socks to the Seats & Feet Drive and receive a \$5 Winter Market Voucher to use the day of the market, courtesy of Dollar Bank

## ACCEPTING AT THE WINTER MARKET



## WINNER! WINNER! WINNER!

Be there when the winners are pulled! Will it be you?

11:30 am Winners of the West Park Holiday Passport (see pages 14-15)

Noon: Winner of 50/50 Holiday Cheer Raffle (see page 6)

12:30 pm: Winner of "Dress Your Pooch"

[westparkkamms.org/market](http://westparkkamms.org/market) | @WestParkKamms @KammsMarket



Celebrate and support  
**West Park Kamm's Neighborhood Development**  
this holiday season!

## **50/50 RAFFLE**

**Tickets \$25 each**

**Buy your tickets now! \$1500 guaranteed payout**

West Park Holiday Cheer has traditionally been an evening of fun among friends to celebrate the holiday season while supporting West Park Kamm's Neighborhood Development.

Help support WPKND's mission to elevate the quality of life for all in West Park. Funds raised help continue to support our work with residents and businesses as well as programs like Senior Home Repair, the Kamm's Corners Farmers Market, The Hooley™, and Lawn Chair Cinema and others.

---

WPKND will pick a winner at the Kamm's Corners Winter Market on December 6 at Noon. The winner need not be present to win, but if they are a bonus \$25 Winter Market gift card will be awarded!

**Online raffle opens: Monday, November 9 - Sunday, December 6 at noon**

***Celebrate and support West Park Kamm's this holiday season!***

Purchase your raffle tickets at  
[westparkkamms.org/cheer](http://westparkkamms.org/cheer)  
or scan the QR code.





West Park merchandise is now available! Just in time for the holidays! Give as a gift or treat yourself! Limited quantities!

3 Ways to Order:

- order online at [westparkkamms.org](http://westparkkamms.org)
- Purchase at the Kamm's Corners Winter Market
- Call 216-252-6559 x1500

Offering:

pick up at WPKND office, 17407 Lorain Avenue  
drop offs (\$5 charge) to zip codes 44135 and 44111 only



14 oz Yosemite Coffee Mug \$12.00



Navy Blue Knit Cuff Hat \$20.00



15 Oz Stemless Wine Glass \$10.00

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# WEST PARK NEIGHBOR NIGHT CELEBRATES THREE YEARS

By Melanie Sklarz

**M**aking an offer, like seeking a request, is one of the tenets of Marketplace - an exercise where residents are encouraged to identify and exchange gifts, favors and advice. This part of West Park Neighbor Night occurs near the end of the meeting. Marketplace is a practice that demonstrates the interconnectedness of our lives because we all have something to offer. This exchange builds trust and community.

In addition to the large scale projects the group has completed like the mural or sustainability workshops, connections made during Marketplace are substantial to building community. This fall, as we celebrate our third anniversary, we wanted to take a look back at a couple of those offers and requests.

Shortly after the first West Park Neighbor Night convened in the basement of West Park UCC our first exchange occurred. Someone had a relatively new, but slightly-used juicer to offer. They needed to clear space in their kitchen and offered it during Marketplace. Another resident gladly took it off their hands later that week when the two met to make the exchange. Two years went by, and the person

with the juicer accepted the offer of an ice cream maker purchased many years ago during a Black Friday sale by another member. And then this summer, the new owner of the ice cream maker invited the original owner and their daughters over for a socially-distanced ice cream social on their porch after they had perfected their recipe.

Most recently, during the latest gathering, a discussion was held on why residents choose to attend Neighbor Night and included a new member. During Marketplace, this member offered to create a special logo to celebrate the third anniversary of the first West Park Neighbor Night held in the fall of 2017. Jennifer Wright recently relocated to West Park and happily designed this commemorative logo.

If you are interested in joining future virtual events, please check out their Facebook page @ WestParkNeighborNight or contact Danielle Doza at [Danielle.Doza@gmail.com](mailto:Danielle.Doza@gmail.com) or 216-536-6122 if you have questions or want more information. Upcoming dates: December 9, January 13, and February 10.



"Thank you West Park for another record year of sales and service!"  
— Joe Rutkowski



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Real Estate Professional

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## Meet WPKND's Neighborhood Engagement Coordinator

**W**est Park Kamm's Neighborhood Development welcomes an additional staff member, Devon Chodzin, to the team as Neighborhood Engagement Coordinator.

We asked Devon to share why he's excited to be a part of the neighborhood. "I am excited to join the WPKND team because West Park is a diverse and expansive neighborhood full of enthusiasm for both long-held traditions and new opportunities. WPKND has a great team of professionals working compassionately to respond to neighborhood concerns and activate partnerships that continue to cultivate togetherness. I can't wait to get to know this vibrant community."

Meet Devon at the Kamm's Corners Winter Market on December 6 from 10:00 am-1:00 pm. More on the Winter Market see page 4-5 or go [westparkkamms.org/market](http://westparkkamms.org/market).

## Common Ground 2020: "West Park: Who We Were, Who We Are"

**O**n the morning of Saturday, September 26, more than 20 West Park residents and stakeholders came together for an open dialogue around building a more inclusive neighborhood by participating in the Common Ground Conversation, "West Park: Who We Were, Who We Are."

Through frank discussion of perceptions and experiences, participants shared their visions for the neighborhood and offered input on how to foster a welcoming community.

Follow @WestParkKamms on Facebook, Instagram, and Twitter. Watch for upcoming community-building events and further information in WPKND's enews. To receive WPKND's enews go to [bit.ly/WPKND\\_ENews](http://bit.ly/WPKND_ENews) and sign up! Feel free to email [devon@westparkkamms.org](mailto:devon@westparkkamms.org) with questions and concerns. Please share with us what you and your neighbors are doing to build an inclusive and welcoming West Park!



**6:30 AM TO 6:00 PM  
MONDAY - FRIDAY**

**HORIZONOHIO.ORG**

### Full-Day Programs for School-Aged Kids

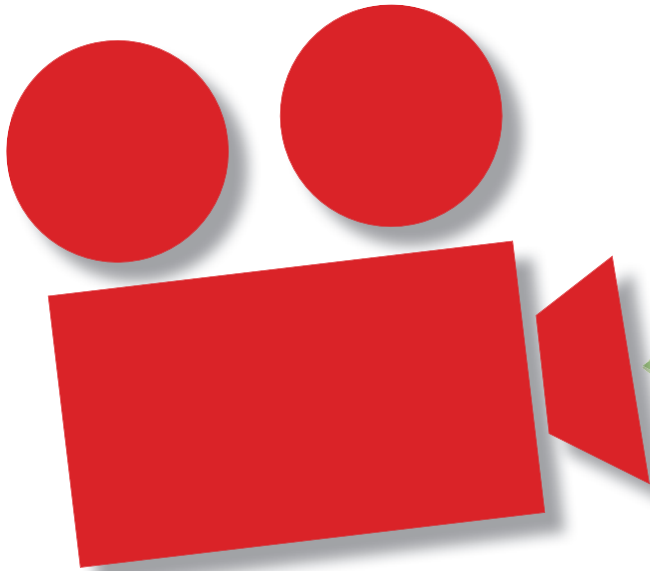
- ✓ All day program for school-aged children when schools are shut down
- ✓ Academic support for online learning
- ✓ Homework help
- ✓ Daily breakfast, lunch and snack
- ✓ Mentoring environment

### FOLLOW/LIKE US

@WestParkKamms  
@KammsMarket

# Holiday Favorites

By Debby Samples, Mollie Wirtz



Whether we walked, took the bus, or piled into the car to the former Riverside, Variety, or Lyric Theaters, a trip to the movies made lasting memories and transported us around the world. Film reflects culture and traditions, and, especially at the holidays, brings back powerful memories of childhood and years gone by.

WPKND asked a couple film experts as well as folks from around the neighborhood, “what is your favorite holiday movie?” We hope their answers bring back memories and help you feel a little more connection to others this holiday season.

West Park is lucky to have two of the Cleveland International Film Festival staff living in our neighborhood. In honor of the holidays, we asked Debby and Mallory to share why they love West Park and, of course, their favorite holiday movies.

Debby Samples is the Marketing & Media Director for the Cleveland International Film Festival and has been with the organization since 2004. In 2019 she co-founded the Cleveland chapter of *mama.filmCLE*, followed in 2020 with co-founding *rePRO* Film Festival. She and her husband Matt moved to West Park in February 2012, and celebrated the birth of their daughter, Bernie, in December 2015. “We have incredible neighbors, we’re minutes from the Metroparks, and are so fortunate to live in a neighborhood that is walkable and accessible,” Debby stated.

“White Christmas”  
“A Christmas Carol” (any version)  
“Elf”

Mallory Martin is the Artistic Director of the Cleveland International Film Festival. Since joining CIFF in 2010, Mallory has traveled the world in search of the best films to bring back to Cleveland. She is also the co-founder of *mama.filmCLE*, a film series for nurturers of all kinds, and the *rePRO* Film Festival, which features films about reproductive justice. Mallory loves her area of the West Park neighborhood, where she lives with her two humans – one large, one small – her dog, and her cat.

“Home for the Holidays”  
“A Nightmare Before Christmas”  
“Scrooged”

Since 1977, the Cleveland International Film Festival promotes the film arts through education and exhibition to enrich the life of the community. Save the dates for the 45th Cleveland International Film Fest, April 7-20, 2021. Learn more at [clevelandfilm.org](http://clevelandfilm.org). Can't wait until 2021 for CIFF films? CIFF is offering past film fests at [clevelandfilm.org/alums](http://clevelandfilm.org/alums). Catch up or re-watch your favorites films on various platforms.



CLE  
INT'L  
FILM  
FEST

45

SAVE THE DATES  
APRIL 7–20, 2021  
CLEVELANDFILM.ORG

**St. Mark Parish and School**

"The Holiday" Cheryl from the parish office  
"Elf", Leslie from the school office and  
"Christmas Story"  
Principal Karen Cocita

**Owners of Cleveland Bed and Biscuit,**

Carmina,  
"The Holiday" and  
Vasile, "Home Alone"

"The Holiday", "Elf" - Rosemary  
"It's a Wonderful Life" -  
Franchesca  
"The Muppet Christmas Carol"  
- JD

"Christmas Story" - Devon  
"National Lampoon's Christmas Vacation" - Mollie  
"White Christmas" - Ben  
from the **WPKND STAFF**

"A Year Without Santa Claus" - Todd  
"National Lampoon's Christmas Vacation"  
- Susan

"Rudolph", "Elf" - Therese  
"The Grinch Who Stole Christmas" - Diane,  
"White Christmas",  
"The Holiday" - Nick  
of the **WPKND Board**

"A Christmas Carol" from  
Bob at front desk of  
**West Park Fairview YMCA** -

Phil and Dan's favorite is  
"National Lampoon's Christmas Vacation" of  
**Sunshine Cleaners**

**Cleveland City Council**  
Councilman Ward 17,  
Charles Slife  
"Die Hard"

**Puritas Nursery** owner  
Dale "The Man Who Saved Christmas",  
Allison  
"Christmas Story" and  
Brian "Die Hard" and  
"Christmas Story"

Tom "How the Grinch Stole Christmas"  
Peggy "Home Alone"  
Jean "Miracle on 34th Street"  
from **White Wheel**

Paul owner of  
**Mobility City**  
"It's a Wonderful Life,  
Christmas Story"

**West Park Historical Society**

Ross "It's a Wonderful Life"  
Elaine "Scrooge"  
Marge "Christmas Story"  
Ralph "It's a Wonderful Life"

"Polar Express"  
Michael  
owner of  
**Charlie's Beverage**

Sharon from **Kamm's Corners Auto Body**  
"All the Christmas movies I watched with my kids, grandkids, and great grandkids."

"Elf", from Pam  
owner of  
**Style Mutt** and  
"Santa Clause"  
from  
Nikki

Owners  
Gene and Peggy -  
"Miracle on 34th Street" and  
Lori -  
"It's a Wonderful Life"  
of **Gene's Place**



# LET'S CELEBRATE OUR LOVE FOR WEST PARK

## DINNER & WINE PAIRING

COMING SOON • FEBRUARY 2021

Enjoy a chef prepared meal from Treehouse Provisions paired with expertly selected wines. Hear tips from the chef and wine expert on how to pair wine with food and tasting techniques from the comfort of your own home.

[westparkkamms.org/pairing](https://westparkkamms.org/pairing)



# OLD LORAIN ROAD STUDY UPDATE

By Rosemary Mudry

The West Park Kamm's Neighborhood is adjacent to the Rocky River Reservation; yet walking or bicycling from the neighborhood to the park is challenging. In the fall issue of West Park Magazine, we shared that a study funded by the City of Cleveland through Councilman Slife and managed by Cleveland Metroparks seeking to identify a route for an off-road trail connection had launched in partnership with West Park Kamm's Neighborhood Development and Cleveland Planning Commission.



Photo from: Cleveland Memory Project 1935

The project partners selected engineering firm Michael Baker International to assess the land adjacent to Old Lorain Road. Several important criteria play into the feasibility of any potential route including the stability of the soil, disturbances to sensitive areas like wetlands, the grade/incline of the potential path, the level/cost of engineering to achieve any given route.

The team continues to work with Councilman Slife and West Park Kamm's Neighborhood Development to identify a proposed route. Stay tuned for community information sessions this winter to learn more about the project, provide feedback, and help us strengthen the connection between Kamm's Corners and the Rocky River Reservation.

## 2021/2022 Open Enrollment

Starts November 16, 2020

### K~ 8<sup>th</sup> Grade



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**Westpark Community Elementary & Middle**

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[www.constellationschools.com](http://www.constellationschools.com)



SCAN ME



## DISCOVER THE WONDERS OF WEST PARK

Enter to Win Prizes

### Join WPKND for the West Park Holiday Passport Program.

Shop, dine, and drink local, and win gift cards daily to local businesses! Explore West Park in 7 days with this digitally interactive sharing adventure to support neighborhood businesses.

The Passport program kicks off on Small Business Saturday, November 28, and ends Sunday, December 6 at the Kamm's Corners Winter Market.

### How does it work?

- 1) Map and plan an itinerary for the week. Check out each 7 Wonders on the opposite page.
- 2) Find @WestParkKamms on Facebook! Like our page! Look for the daily passport post.
- 3) Take a photo of your daily adventures as you shop, dine, drink. Post your photo and tag the business in the comments of the WPKND Facebook post.
- 4) Daily winner will be notified the next day via Facebook. The winner selects a \$25 gift card to any of the Day Destinations locations.
- 5) GRAND PRIZES! All participants will be automatically entered into the GRAND PRIZE drawing. The more you post the more chances to win! Each post earns you an entry into the drawing. Winners will be pulled at the Winter Market on December 6 at 11:30 am. The winner need not be present to win but if they are, a bonus of \$25 Winter Market gift card will be awarded to use that day!



### GRAND PRIZES

**1st Prize** Overnight stay at The Mohicans Treehouse Resort graciously donated by Treehouse Provisions

**2nd Prize** \$25 Kamm's Corners Winter Market gift card

**3rd Prize** \$10 Kamm's Corners Winter Market gift card



Find details at [westparkkamms.org/passport](http://westparkkamms.org/passport) or scan the QR code



### SHOP LOCAL: A MESSAGE FROM CHARLES SLIFE, COUNCILMAN WARD 17

Amidst tough times, West Park businesses continue to serve our community and make it stronger. As 2020 winds down and the holiday season arrives, please consider purchasing gifts from local stores, gift cards from local restaurants, and encouraging your friends and family to do the same. The West Park Holiday Passport makes this fun and easy and might even help you discover a new favorite place.

*Photo of and provided Charles Slife, Councilman - Ward 17*

**Support neighborhood businesses while exploring your community. Have FUN!**  
**#ShopWestParkKamms**

# HOLIDAY PASSPORT DAY DESTINATIONS

You are invited to shop, dine, drink, and support local! Plan your adventure now!

## Easy like Sunday Mornings Sunday, November 29

- Dairy Queen I Warren Village
- 5 Points Coffee and Tea
- Common Grounds
- Kamm's Corners Ice Cream
- Peace Love and Little Donuts
- Savor the Moment
- Wash House Cafe

## Stock UP! Monday, November 30

- Charlie's Beverage
- EZ Mart
- Mozie In Beverage Drive-Thru
- Pit Stop Deli
- Seven Seas Seafood
- T&W Mart
- K&K Portage Market
- Warren Village Beverage
- Working Class Brewery

## Tasty Tuesdays Tuesday, December 1

- Backstage Bar
- Dragon Tower
- Gene's Place
- Grayton Road Tavern
- Habesha Restaurant
- Hatfield's Goode Grub
- PJ McIntyre's Irish Pub
- Public House
- Red Lantern
- Rubin's Deli
- Seven Seas Seafood
- Si Senor
- Smedley's Bar & Grill
- Souper Market
- Thai Elephant
- Treehouse Provisions
- The Third Place
- West Park Station

## Hump Day Retail Wellness Therapy Wednesday, December 2

- Carol & John's Comics
- Dad's Smoke Shop
- Daystar Boutique 2
- Destination Yarn
- Euphoria Health & Fitness
- Image That Design
- Indoor Gardener
- Inward Compass Yoga
- Only in Clev
- Mission Boutique
- Re-Cycler Appliances
- River's Edge
- Warzone Matrix
- West Park Massotherapy

## Pamper Yourself • Thursday, December 3

- ArtBeat Nails
- Beauty Cartel
- First Choice Beauty Supply
- Kamm's Barber Shop
- Mel's Barber Shop
- Salon Love
- Salon Solstice
- West Park Barber
- West Park Premier Barber
- West Park Beauty Salon

## In Pizza We Crust Friday, December 4

- Athens Pizza
- Bella Pizza
- Brothers Pizza
- Dante's Pizza
- Geppetto's Pizza and Ribs
- Gioninos Pizzeria
- Romeo's Pizza
- Third Place

## Deck the Halls • Saturday, December 5

- Ace Hardware
- Affordable Floral
- Al Whilemy Florist
- Buyers Outlet
- Designs by Floral Images
- Gino's Shoe Repair
- Lorain Triskett Locksmiths
- Mobility City
- Puritas Nursery
- Sherwin Williams
- Sunshine Cleaners
- Wash House and Cafe

# A FEW OF OUR FAVORITE THINGS

## West Parkers Share Their Favorite Holiday Memories and Recipes

By Nic Binfield

**T**raditions are an important way to bond with family, friends, and community, and they play a critical role in shaping identity. Often the most cherished memories come from the unique celebrations experienced throughout our life. Traditions become even more special when they are shared with others; they bring us closer to our friends

and neighbors by providing a window into the unique ethnic, religious, and cultural experiences of our community.

West Park is home to a diverse array of religious and ethnic groups. With the holiday season right at our doorsteps, sharing residents' diverse traditions is the perfect way to get

into the holiday spirit. Since we can't swap stories and share memories over meals in person this holiday season, we asked members of the community to share some of their favorite holiday traditions or dishes instead.

Thank you to everyone who submitted and shared!

Julianne Phillips • resident

**THE TURKEY WISHBONE TRADITION** has been in our family since my grandmother in Germany, in the 1890s, remembers doing it as a child. We are in our 5th generation with this tradition. It's always a lot of fun to see who gets the bigger half of the bone and maybe their wish will come true!



Julianne's daughters, Amy and Kristen Phillips, 1983. photos provided by Julianne



Their children Dominic Gopman and Presley Maxwell, 2013



St. Mel Parish, photo of and provided by St. Mel Parish

Reverend Mark Fedor from St. Mel Parish

### TREE LIGHTING TRADITION

As the season of Advent progresses, you will notice the grounds of the parish grow brighter. The lighting of the parish grounds gradually grows in degree in much the same way as additional candles are lit on the Advent Wreath. During the first week of Advent, the trees to the west of the Church are lit. The trees on the east side of the rectory are added during the second week.

Lights by the Marian Shrine and in front of the rectory are turned on for the third week.

Finally, for the Fourth Sunday of Advent and during the Christmas Season, lights will be added in front of the Church. All of this is a reminder of an important message of the Season of Advent: the coming of the Savior who is the Light of the World. It recalls, too, that his Light is to assist all of us in brightening the darkness we encounter in our world.

**Turn to us for comfort and support during these difficult times**

- Virtual grief support groups
- Web-based Healing Arts Workshops
- A private grief support Facebook group
- Resources to help parents support grieving children
- Meditation resources through our website

**Need help?**  
 Visit [hospicewr.org/WRGS](http://hospicewr.org/WRGS)  
 or call 800.707.8922

Your Family. Our Purpose. Together.

WESTERN RESERVE  
GRIEF SERVICES



Rabbi Enid Lader from *Beth Israel - The West Temple*

**CHANUKAH** celebrates the victory of the weak over the strong, and the story of the miracle of the oil: just a small flask was found, yet it lasted for eight days as it was used to rededicate the Temple after the victory of the Maccabees over the Assyrian army. It is traditional to enjoy foods cooked in oil - latkes (potato pancakes) and/or jelly-filled sufganiot (donuts).

I have wonderful memories of the delicious aroma of the latkes frying in the pan in my grandmother's kitchen, my mother's kitchen, and my own. As time has gone by, I use much less oil - but it miraculously still makes delicious and crispy latkes!

## CLASSIC POTATO LATKES

5 large potatoes, peeled  
1 small onion  
2 eggs lightly beaten  
¼ cup bread crumbs, matzah meal or flour  
1½ tsp coarse salt (1 tsp if using kosher salt)  
Freshly ground black pepper

Grate potatoes coarsely or finely, your preference. Finely grate the onion.

Place grated potatoes and onion in a clean kitchen towel and squeeze tightly until all of the liquid is strained.

Place the strained potatoes and onion in a large bowl and add the eggs, breadcrumbs, salt, and pepper.

Heat the 1-inch of oil in a large pan and drop 6 to 8 spoonfuls of mixture into hot oil. Using the back of a spoon, pat down each latke to flatten it. Put as many as you can in the skillet without crowding. Putting them too close together will make them soggy.

Fry 3 to 4 minutes on each side, until golden and crisp around the edges; repeat procedure until finished with all the batter.

Blot excess oil with paper towels and serve warm with desired topping... Some like applesauce and some like sour cream.  
Enjoy!

## KITFO RECIPE

2 lbs ground beef free of fat  
6 teaspoons ground cayenne pepper (mitmita)  
4 tablespoons clarified butter (niter kibbe)  
1 teaspoon cardamom powder (korerima)  
¼ teaspoon garlic powder salt and black pepper

Mix the ground beef with ½ of (mitmita) and place it in a dish.

In a pot on low heat, melt the butter, add the remaining mitmita, cardamom, garlic, black pepper, and salt. Remove from heat.

Combine the beef with the spicy butter using a fork and spoon mix it until completely marinated.

Serve it immediately with injera.

Jamal Musa - neighborhood resident and owner of soon to open Habesha Restaurant

**MESKEL** is the celebration for Ethiopian and Eritrean Christians. This day they commemorate the discovery of the True Cross by St. Helena. Meskel occurs on the 17th Meskerem (September 27th or 28th on a leap year). Many Ethiopian and Eritrean who live in different parts of the world return back home to celebrate the holiday. The celebration includes the burning of Demera, a large bonfire. After it gets dark, people get together and burn the Demera. A favorite dish for Meskel is the rich and full of flavor Kitfo Steak Tartar. Kitfo translates to ground beef.



photo from Habesha Restaurant 16860 Lorain Avenue | 216-400-6539

**Mihaela A. Hetruc** - *parishioner of St. Mary Romanian Orthodox Cathedral*

All orthodox faithful will soon get ready for Christmas by entering the **CHRISTMAS ADVENT** (a.k.a. Fast of St. Philip), beginning with November 15.

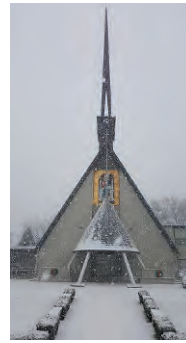
The American-Romanian Organization of Youth (AROY) and men from the church gather in groups and rehearse carols, and the students of the Sunday School practice their artistic



program. They both prepare to announce the Nativity of Christ. In the meantime, the ladies and young girls clean the houses and pre-

pare traditional culinary dishes specific to the region of Romania that they or their parents are from. Each region has specific customs and food. Some common traditions in every region of Romania during Christmas time are preparing the soul by fasting, confession and receiving the Holy Communion, making our own meat products, and baking our own pastries and Nut-Roll (cozonac). The smell of the nut-rolls on Christmas Eve gives houses a particular scent, and the voices of the carolers at the doorsteps complete the childhood memory of many when preparing for the feast of Nativity.

At St. Mary's, the Ladies Auxiliary get together the week before Christmas to bake the delicious Cozonac for those who ordered them



in advance. As a winter fundraiser, they take orders beginning on November 1st, until two weeks before Christmas. I have shared the recipe for Cozonac with our readers, but, I must confess, even using the same recipe, each lady bakes it differently. The secret lies in practicing and getting your own way of making it. I wish you to have fun practicing and not give up until you are getting it right. If you cannot get to the perfection, then call St. Mary's at 216-941-5550, and place your order. November 1st is when we begin taking orders! A order form will also be found at [smroc.org](http://smroc.org).

Christmas is the holiday that the Romanian Orthodox faithful are looking forward to, even from the beginning of the Church Year (September 1st), when we start spiritually preparing ourselves through prayers and other feasts. The winter cold is not freezing our hearts because they get warmed up from the love of The Star Being Born!



photos of and provided by St. Mary Romanian Orthodox Cathedral

## NUT-ROLL - COZONAC

*(A recipe from the Poftă-Bună Cookbook, published by the GEROYS of St. Mary's, 1957, which can be purchased from our Cathedral)*

### Dough:

- 6 egg yolks
- 2 whole eggs
- 2 c sugar
- 1 T salt
- 1T vanilla
- 1T wine
- 1-1/2 T rum extract
- 3-3/4 lbs flour
- 2 lemon rind grated
- 1 t orange rind grated
- 1c sour cream
- 4 cakes yeast
- 2-1/2 sticks butter
- 1 c washed raisins

Put the first seven ingredients in a bowl and beat well. In a large pan, put two lbs flour with grated lemon and orange. In a saucepan, melt butter and add sour cream and enough

milk to make four cups liquid. Heat to lukewarm only. In another bowl, dissolve yeast with a small amount of the lukewarm liquid. Pour liquid egg mixture, yeast and 1 c washed raisins into flour. Knead and add flour until 3-3/4 lb. have been used. Knead till dough bubbles and pulls away from hand and pan. Let rise in a warm place until it doubles in size, punch down and let rise again.

### Nut Filling:

- 6 egg whites
- 2 c ground nuts
- 1/2 c sugar
- 1-1/2 t cloves
- 1 T rum extract

Beat egg whites until stiff. Mix together nuts, sugar, cloves and rum. Divide the dough into two parts. Spread 1/2 egg whites over dough, then sprinkle nut mixture over it.

### Baking:

Take half of the dough and roll it out on floured cloth till 1/4 or 1/2 inch

thick. Fill with nut mixture as explained above.

Roll up into desired shape. Make sure ends are well sealed. Place in greased pan. Let rise to pan level. Finish the second half of the dough in the same way. Beat one egg, room temperature, and spread over top to give



glaze. Bake at 350 degree F for 45 min., or until done. Take it out from the oven and pan, then lay it face up on a clean cloth. Cover up and let it cool. Bon Appetit! ~ Poftă Bună!

If it does not look like in the picture, (see above) call the phone number provided and place an order!

# Puritas Nursery Keeps Christmas Spirit on Track

By Dale Heynik

**C**ovid 19, which has forced us to wear masks, practice social distancing, and wash our hands continuously, has also derailed the annual holiday train display here at Puritas Nursery.

For seventeen years, we have built from scratch, three large train layouts - complete with interactive activities for the kids (i.e. operating Thomas the Train, scavenger hunts, and lighted tunnels for kids to explore). The Puritas Nursery train display has become a planned destination for families throughout the county, and visiting snowbirds.

Eighteen years ago, I met with a flower vendor to discuss the possibility of building a train display in a portion of the greenhouse that shuts down during the winter season. We thought that young and old alike would appreciate seeing such a display, and for many, it would bring back fond memories of Christmases past - both at home and in downtown store windows, such as Halle's and May Company.

The original display started with one HO layout, surrounded by live plants. And one tunnel for "kids only" to cross from one side of the layout to the other. Needless to say, this was a big hit with the community, and we've been offering this holiday display ever since. The display has expanded, using three different gauges of trains to capture the spirit of the season and to bring out the kid in all of us.

Over the years, the Nursery has been blessed with five train enthusiasts who have donated countless hours of their time and expertise. Without them, this display would not be possible.

Although we cannot carry on as usual, Covid will not deter the spirit of Christmas here at the Nursery. We will still be offering a large selection of fresh-cut Christmas trees, wreaths, poinsettias, Christmas cacti, roping, and cyclamens.

Our gift shop will remain open with offerings of houseplants, garden gifts, and Christmas ornaments and other unique gifts.

Looking forward to seeing familiar faces, and new faces throughout December.

Merry Christmas from the entire Puritas family.



We Wish  
you a Merry  
Christmas  
& a Happy  
New Year!

**Covid-19 has derailed our Holiday Trains display this year, but the virus cannot chill Puritas Nursery Holiday Good Cheer and a Great Selection of Seasonal Gifts!**

- \* Christmas Cactus, Cyclamens, Mistletoe, & Air Plants
- \* Great Selection of Succulents and Cacti
- \* Fresh Wreaths, Swags, Roping, Boughs & Straw
- \* Choose from Many Inexpensive Stocking Stuffers
- \* Greatly Expanded Fairy Garden Gift Items
- \* Carruth Studio Items \* Browns Flags
- \* West Park Historical Society Publications!

*Note! We will be closing at 3 p.m. on December 24.*

**19201 Puritas Ave., Cleveland, OH 44135**

**www.puritasnursery.com**

**Monday - Friday: 9 to 8 • Saturday & Sunday: 9 to 6**

**216-267-5350**

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the Stay-Straight System!**

**Puritas Nursery Gift  
Certificates are Perfect for  
Holiday Giving!**

Therese Chambers Arth - resident and owner of The Public House

**CELEBRATING CHRISTMAS** with Midnight Mass at St. Pat's is one of my favorite memories. The atmosphere and quiet were so special and the lights always looked so pretty in the dark. We'd sing "Silent Night" and "Do You Hear What I Hear?" and it felt truly magical. My grandma would always sing "Here comes Santy Claus", so I was always looking to see if Santa was in the sky! Cheesy potato casserole is Christmas on a plate to me to this day!

## CHEESY POTATO CASSEROLE

- 1 (10.5 ounce) can condensed cream of chicken soup
- 2 cups sour cream
- 1 teaspoon salt
- ¼ teaspoon ground black pepper
- 2 cups shredded Cheddar cheese
- ½ cup sliced green onions
- (30 ounce) package shredded hash brown potatoes
- 2 cups crushed corn flakes cereal
- ¼ cup butter, melted

Preheat oven to 350 degrees F. Coat 13x9 baking dish with nonstick cooking spray. In a large bowl, whisk together soup, sour cream, salt and pepper. Stir in cheese, onion and hash browns until well mixed. Spoon evenly into baking dish. In a medium bowl, mix together cereal and butter. Sprinkle evenly on top of hash brown mixture. Bake uncovered for 45 to 50 minutes, or until hot and bubbly. Allow to rest for 5 minutes before serving. Season with additional salt and pepper to taste if desired. Garnish with additional sliced green onion if desired.



photo of and provided by Therese Chambers Arth

Judy Rogers - member of West Park United Church of Christ

## GERMAN POTATO SALAD

- 5 lb potatoes
- 2/3 lb bacon
- 1 large onion
- apple cider vinegar
- sugar

Boil potatoes until cooked through peel and slice into a bowl. Dice bacon and onion, fry together in a pan. Add vinegar and sugar to taste, mix well. Toss bacon mixture with potato slices.

Conor Boylan - resident and owner of 5 Points Coffee and Tea, Keller Williams Realty

**IRISH CHRISTMAS** - The festive season back in Ireland is a family occasion with many social gatherings. One such gathering is the day after Christmas Day which is called Saint Stephen's day and is named after one of the first Christian martyrs, Saint Stephen. This is often a day to go for some exercise to burn off the previous day's calories and then rejoice in some more festive gatherings at sporting events or a local pub. I do like to do video calls home on Saint Stephen's to check the local sports news and to hear people's plans for that evening!

Many friends and family will end the night by singing arguably the greatest Irish Christmas song of them all - "A Fairytale in New York" by the Pogues! My three old son, Ronan, is currently learning the lyrics for this year!

Conor was first class with his responsiveness, his follow-up, and regular communication throughout the entire process. We always felt that he had our back, and was very involved from start to finish to ensure everything went smoothly. I have no hesitation in recommending him!

- Shane & Amy M.

Conor worked with us to buy our home in Middleburg Hts. He was a big help throughout the whole process. Our relationship with him made it easy to discuss possible homes of interest and to weed out houses that did not meet our criteria. We had already sold our home and we needed to purchase something soon, but did not want to settle for something that wasn't exactly what we were looking for. The home on Newton checked all of our boxes. Thank you Conor.

- Ed & Mary Z.

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conor.boylan@kw.com  
www.5pointswestpark.com



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# Ward 17 Food Assistance

**West Park United Church of Christ |**  
**3909 Rocky River Drive | 216- 671-7228**  
 westparkuccpantry@gmail.com

**Community Meal**  
 Last Sunday of every month | 11:30 am-12:30 pm

**Food Pantry**  
 Second and Third Saturday | 9:00-11:00 am  
*Donations of non-perishables are accepted Monday-Thursday 9:00 am-2:30 pm*

**Seniors and At-Risk Food Delivery**  
 West Park UCC, WPKND, and Cleveland City Council Member Charles Slife are offering food assistance and delivery for seniors and at-risk. Our delivery team will bring one week's supply of food staples to your home.

*Food Delivery Details*

- Available for Cleveland's Ward 17 or West Park UCC members that are the vulnerable populations (older, underlying health issues) who are being advised to shelter-in-place or quarantined due to COVID-19.
- To order call 216-671-7228 or email westparkuccoffice@gmail.com, Monday-Thursday | 9:00 am-2:00 pm. •Order by 2:00 pm each Thursday for delivery that Saturday. Deliveries begin at 10:00 am on Saturdays.

*Volunteers are needed to deliver or donations are accepted*

**St. Patrick's Hunger Center | St. Patrick Church |**  
**4427 Rocky River Drive**

Monday, Wednesday, Friday | 9:15-11:00 am  
 Residents of Ward 17 are eligible to receive food every 30 days.  
 Call 216-251-8258 from 9:15-11:00 am to order. Pick up the same day.  
*Donations and/or help is always needed. Call 216-251-8258 to help.*

**Holy Cross Lutheran | 4260 Rocky River Drive |**  
**216-252-2348**

Food pantry first Saturday of every month | 9:00-11:00 am  
*Accepting donations of non-perishables are Tuesday and Thursday mornings*

**Meals on Wheels**

Monday and Friday 11:30 am-Noon  
 Pay \$5.50 for two meals lunch and dinner.  
 Prescription diets available provided by Cleveland Clinic Fairview Hospital.  
 Two-week minimum service and can cancel any time after.  
 Call Georgeann from 8:00 am-Noon at 216-251-7228.



## WHAT'S NEW IN WEST PARK?

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12-1-20

## FREE Pastry

with purchase  
of Large Coffee



Must present coupon.  
Not valid with any  
other Offer. Expires  
12-1-20

*“It’s a beautiful day in the neighborhood. It’s a beautiful day for a neighbor”*

By Francesca Bodnar



**IT'S  
COOL  
TO  
BE  
KIND**

In this pandemic, the world has shifted quite a bit. But Mister Roger’s words still ring true, “Let’s make the most of this beautiful day. Since we’re together, we might as well say, Would you be mine?, Could you be mine?, Won’t you be my neighbor?”

While there are limitations how we can build community while practicing social distancing, we can choose to get creative in the ways we connect. Here’s a short list of ideas to show kindness and build support between neighbors during this unique time that requires us to stick together more than ever.

Give one of these acts of kindness a shot or come up with your own. Post to social media tagging @westparkkams to spread the love!

- Exchange email addresses or phone numbers with neighbors so that you can check-in with a text or email

- Make a routine of spending a few minutes waving to neighbors from your porch before or after dinner
- Add color to your yard and flower beds with seasonal plants to brighten the neighborhood
- Shovel or rake an elderly neighbor’s yard or driveway
- Welcome a new neighbor by sending them a gift card to your favorite local restaurant, bottle of wine, or flowers from a local florist
- Offer to run an errand for a neighbor who isn’t able to leave the house
- Send a card to brighten someone’s day or share some fresh cut, end of the season flowers from your garden
- Support local businesses and encourage others to shop West Park
- Share tech skills with those who aren’t familiar with how to set up Zoom or other video meeting software
- Practice patience
- Wear a mask and nod or make eye contact to show you’re “smiling”



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Sincerely,  
Jerry & Richard Kolar  
K&K Portage Market

# TIME FOR A CHECKUP?

## Cleveland Clinic Provides the Routine Care Men Need

It's no secret: men are statistically much less likely than women to seek medical care. However, health issues can develop and it's important for men to consult with their physician regularly and if they suspect something is not quite right.

### Your body's maintenance schedule

First off, everybody needs routine health maintenance. For men, that includes:

- Vaccinations.** Protect yourself from the flu, meningitis, pneumonia, shingles, sexually transmitted disease and more.

- Annual physical exam.** Make sure to tell your doctor how you are feeling, what is bothering you and what symptoms you are having.

- Prostate-specific antigen (PSA) testing.** This blood test can detect prostate cancer even before you have symptoms. Men should have regular PSA tests beginning at age 50 – or at

age 40 if you are African-American or if prostate cancer runs in your family.

### Outside of the routine

In addition to seeing your doctor regularly for checkups and health screenings, see your doctor whenever you have:

- Blood in your urine or semen.
- Urination problems, including pain or burning, needing to go all the time, difficulty getting started or a weak flow.
- New or worsening erectile dysfunction.
- Painful ejaculation.
- Changes or pain in your testicles or penis, including swelling, hardness, a lump or feeling of heaviness.
- Ongoing pain or stiffness in your lower back, hips or legs.

“Even minor symptoms that you only

notice once can be the sign of something serious” says Robert Abouassaly, MD, a Cleveland Clinic urologist who sees patients at Cleveland Clinic Fairview Hospital.



Robert Abouassaly, MD

“Although there may be a simple explanation and an easy fix, if you do need to do something, it's best to start treatment sooner.”

Cleveland Clinic's Department of Urology recently added several new providers to better serve your community. Our new location will open this December, at the Fairview Medical Office Building. To schedule an appointment, please call 216.444.5600.

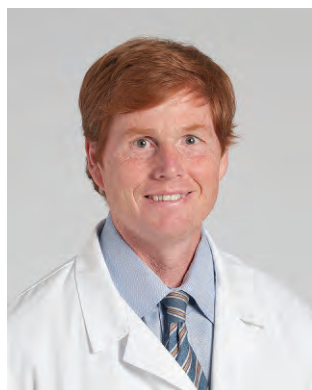
## Colorectal Cancer Screening - No Good Reason To Put It Off

Colonoscopies are a tool to detect colorectal cancer – the second leading cause of cancer-related deaths among men and the third leading cause among women in the United States. Colonoscopy is known as the gold standard – the best, most accurate test to screen for colorectal cancer. Since most cancers start as polyps, cancer can be prevented when polyps are removed during a colonoscopy. A screening colonoscopy is recommended for anyone 50 years of age and older, or age 45 if you are African-American.

On the West Side, colonoscopies are performed at Cleveland Clinic Fairview and Lutheran hospitals, and Cleveland Clinic North Ohio Gastroenterology in Westlake.

To schedule an appointment at Fairview or Lutheran hospitals, call 216.444.7000. For Cleveland Clinic North Ohio Gastroenterology in Westlake, call 440.617.1212. For more information and a complete list of locations, visit [ClevelandClinic.org/Colonoscopy](http://ClevelandClinic.org/Colonoscopy).

## Cleveland Clinic Fairview Hospital Ranks Among Best



Neil Smith, DO

Cleveland Clinic Fairview Hospital was again recognized in the U.S. News & World Report “2020-21 Best Hospitals.” Fairview is ranked the #4 hospital in the Cleveland area and #5 in Ohio. Fairview Hospital is also nationally ranked in Cardiology and Heart Surgery, Neurology and Neurosurgery, Orthopaedics and Urology. For the 2020-21 rankings and ratings, U.S. News evaluated more than 4,500 medical centers nationwide in 16 specialties and 10 procedures and conditions. Just 134 hospitals were ranked in at least one specialty.

“Our caregivers are proud to serve the local community and deliver the highest quality care with compassion and empathy,” says Neil Smith, DO, president of Fairview Hospital. “We are honored to have achieved this recognition from U.S. News & World Report, and are committed to continuing to elevate the health and well-being of the West Park neighborhood.”

## RESOURCES AND PROGRAMS AVAILABLE TO OUR COMMUNITY

If you require assistance with the expenses of homeownership or are looking to make home improvements, reach out to West Park Kamm's for assistance.

For more information, contact Franchesca Bodnar at 216-252-6559 x 1700 or [franchesca@westparkkamms.org](mailto:franchesca@westparkkamms.org)

**Cleveland Restoration Society (CRS)**

A low-interest (under 2%), fixed-rate, equity-based loan for maintaining & improving homes 50+ years. Interior & exterior projects qualify. No income limits apply. CRS also offers free technical assistance on questions related to home conditions or repair.

**Water Affordability Program**

Offers a 40% discount on all standard water charges. This includes both the monthly fixed charge & consumption charge. To qualify, customers must meet income guidelines and own/live at the applying service address.

**Lead Hazard Control Program (LHC)**

The LHC program provides lead risk assessments, identifies lead-based paint and provides grants to control lead-based paint hazards.

**Home Energy Assistance Program (HEAP)**

HEAP assists eligible low-income residents with their winter home heating costs using natural gas, electric, oil, kerosene, or wood.

**Delinquent Tax Payment Plan**

Behind on your property taxes? Payment plans are available for homeowners who live in their homes. Landlords may be eligible for installment plans (up to 24 months), at the discretion of the Cuyahoga County Treasurer.

**Cleveland 50/50 Sidewalk Residential Replacement**

Repair/replacement of unsafe sidewalks through a partnership between the city and its residents where each party pays 50% of the cost. Eligible repairs include sidewalks, driveway aprons, & curbs at the end of driveways.

**Home Weatherization Assistance Program (HWAP)**

Offers low or fixed-income residents energy efficient measures designed to decrease utility bills & improve energy deficiencies. Provides grants and education through the State of Ohio for homeowners & tenants who meet income guidelines.

**Homestead Water/ Sewer Discount**

The Homestead Water/Sewer Discount Program offers a lower fixed charge and consumption rate for seniors and/or permanent disabled individuals that are income qualifying homeowners.

**Senior Service Program (Ward 16 & 17)**

For seniors and disabled residents in Ward 16 & 17 that have no one to help them, or no one close by to help them. Some service examples: lawn care, gutter cleaning, railing installations, etc. Senior and Disabled residents that need help will have to fill out an application and return it with proof of income.



For more information, contact JD Smith at 216-252-6559 x 1300 or [jd@westparkkamms.org](mailto:jd@westparkkamms.org)

**West Park  
Sherwin Williams  
Paint Program**

Discounts on paint and painting supplies. All those living in Ward 17 are eligible. Limit one per household.

**Senior  
Home  
Repair**

Small exterior repair grants of up to \$500 for seniors and adults with disabilities. Grants and grant size are income-qualifying.

**Contractor List**

Looking for help with a project at home? We have a list of local contractors and tips for hiring one.

**Weatherization**

Furnace or hot water not working? Cleveland Housing Networkd, has an emergency/no heat program that runs from October 15 to April 15. Income qualifying.

**Housing  
Enhancement  
Loan Program  
(HELP)**

Provides home improvement loans, at 3 percentage points below normal bank rates, for home repair/remodeling projects for homeowners of occupied or investment properties. HELP has no restrictions on a borrower's income and few limitations on what improvements can be made to a property.

**Cleveland  
Care  
Calls**

Cleveland Care Calls: if you or someone you know would like to be checked in on regularly, consider signing up for Cleveland Care Calls. This weekly automated telephone reassurance system is to ensure the safety and wellbeing of elderly adults or those with a disability. In the event the senior cannot be reached, the Dept of Public Safety may be asked to make a wellness check. Call 216-664-6316.

**Senior  
Transportation**


Senior Transportation Connection: Call 216-664-2833 to register and schedule a trip or receive more information. Must be scheduled at least three working days before travel, \$1.25/one way. Social distancing enforced.

**Senior  
Chore  
Services**


Senior Chore Services: if you're looking for assistance with snow removal this winter, the Cleveland Department of Aging Chore Services can help! Call 216-664-3998 and ask about snow removal services.



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Wooded Views

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EMAIL LIST**



Sign up today ↘

WPKN's bi-monthly e-news on community updates and events  
[westparkkamms.org](http://westparkkamms.org)



Kamm's Corners Farmers Market's weekly farmers e-news including the market line-up and programming: June-October  
[westparkkamms.org/market](http://westparkkamms.org/market)



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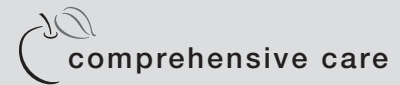


*At Vedda Printing+, we set out to reflect the premium print project in everything we do.*

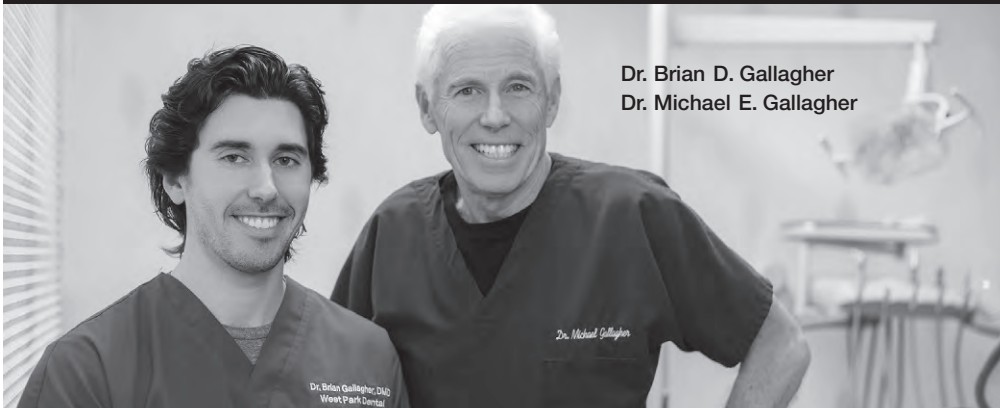


### FAMILY :: PEDIATRIC :: COSMETIC :: RESTORATIVE :: DENTISTRY

West Park Dental has been dedicated to providing first class dental care by using the latest technology with a commitment to our patient's health. We are a full-service dental practice with an emphasis in family, pediatric, cosmetic and restorative dentistry. Our focus is quality and comfortable dental treatment and we truly believe "your smile says it all".



- :: Cosmetic Dentistry
- :: Family Dentistry
- :: Pediatric Dentistry
- :: Sedation Dentistry
- :: Implant Crowns
- :: Invisalign Orthodontics
- :: Teeth Whitening
- :: Veneers



Dr. Brian D. Gallagher  
Dr. Michael E. Gallagher

### OUR COVID RESPONSE

West Park Dental is following the recommended CDC guidelines for safe care and are able to balance the need of providing all necessary dental services while minimizing risk to both our patients and our dental healthcare personnel.

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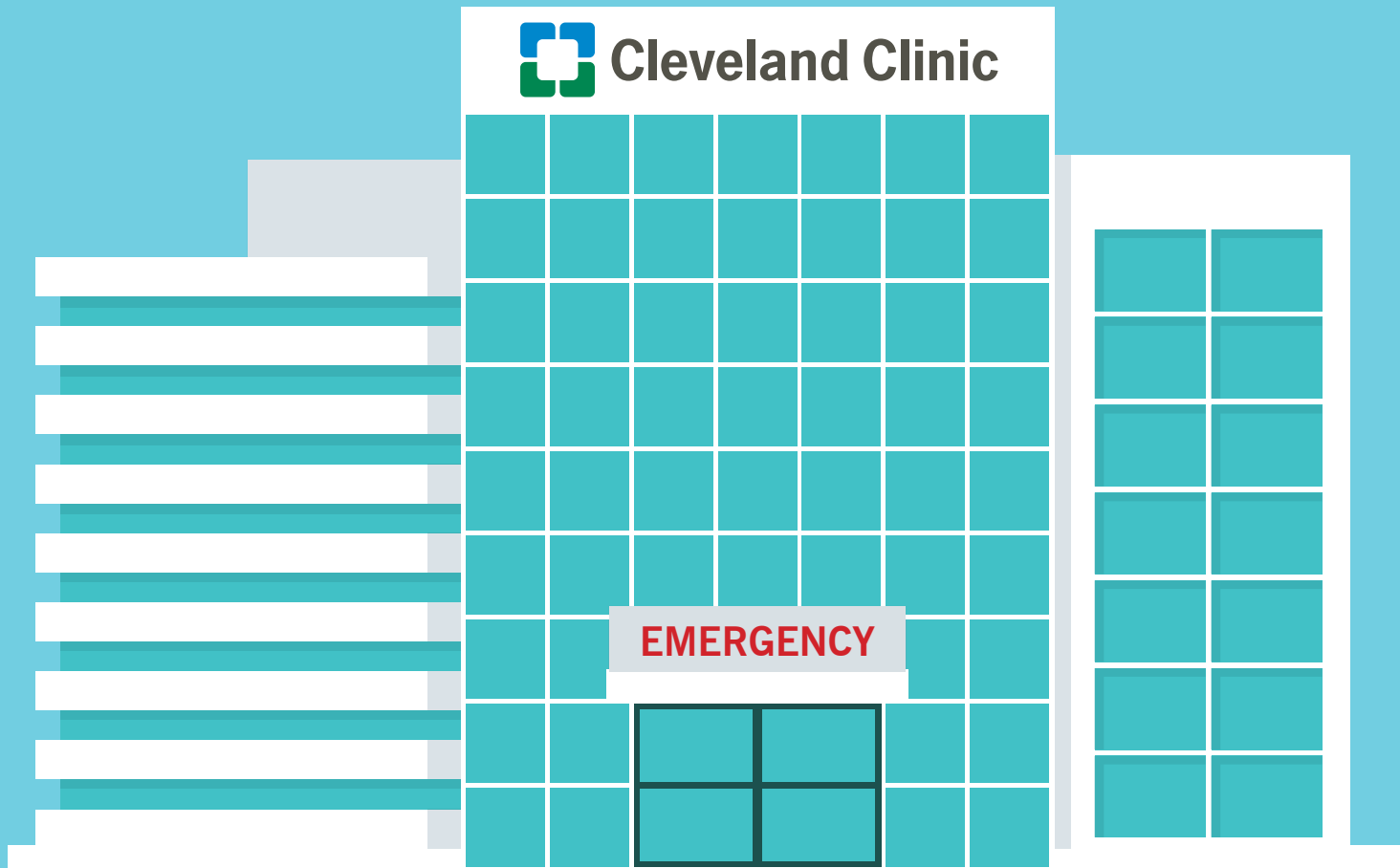
\*for eligible individuals



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**Emergency Services 5pm-1am daily**

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