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### ETTER FROM THE DIRECTOR AND PRESIDENT

### Dear Neighbors.

Warm weather is finally returning! While our world continues to evolve, we're excited and grateful to have many of our favorite activities back in full swing this year. Kamm's Corners Farmers Market kicks off the summer season on Sunday, June 13 from 10:00 am to 1:00 pm with sustainability programming, music, a family activities tent, and, of course, our favorite local farmers and vendors. Lawn Chair Cinema, our monthly movie night, returns to Impett Park on Friday evenings - June 25, July 23, and August 20 - with arts and culture programming showcasing Cleveland's global arts scene.

As many of us feel safer to venture out around our neighborhood and beyond, we hope you will continue to Explore West Park, a reimagined version of our popular Walk on Wednesdays. Explore West Park allows residents and visitors the chance to get active outdoors while learning about the neighborhood. This summer will include both guided tours as well as routes for pedestrians and cyclists to explore at their own pace. We hope you'll join us! There's more information on page 5.

Whether it's on the playground at a local park, grabbing ice cream with family, sipping a beverage on a favorite local bar's patio, or one of many of the local events hosted by WPKND and our partners, we look forward to seeing you around the neighborhood this summer!

Cheers!





Rosemary Mudry | Executive Director

Todd Sheppard | Board President









Cover: Mollie Costanzo Wirtz Kamm's Corners Farmers Market - Needham Gardens Publisher, Graphic Design, Sales: Mollie Costanzo Wirtz Edited: Rosemary Mudry, Melanie Sklarz

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**IMPETI PARK** 7:00 pm

Thank you Lawn Chair Sponsors





WPKND is thrilled to bring back Lawn Chair Cinema and cannot wait to safely provide outdoor cinematic experiences that are fun for the whole family! On June 25, July 23, and August 20, bring your family to Impett Park at 7:00 pm for a socially-distanced evening of arts and culture. New this summer, Lawn Chair Cinema will bring the neighborhood together to see performances and enjoy art activities from all around the world. Join us at Impett Park at 7:00 pm to see enjoy performances and arts activities from Cleveland's global arts community followed by a family-friendly movie at dusk.

Find movie titles and more information on the arts and culture activities at westparkkamms.org and follow us on social media at @WestParkKamms.

In order to welcome the community back together safely, all attendees will need to follow social-distancing, mask guidelines and other safety protocols established in conjunction with local, state, and federal guidance/regulations.





# Saturday, July 10 and Sunday, July 11 10:00 am - 5:00 pm

Experience nine neighborhoods over two days during the 2021 GardenWalk Cleveland. Maps can be picked up at the Information Station in each neighborhood. Look for "GardenWalk Cleveland" signs in front yards for participating gardens. Maps can be downloaded at gardenwalkcleveland.org. Reach out to West Park's GardenWalk lead, David Horneck, at dhorneck1@ gmail.com with any questions or to register your garden.

### Saturday, July 10

West Park Fairfax Glenville Old Brooklyn

# Sunday, July 11

Collinwood Little Italy Broadway Slavic Village Clifton-Baltic **Detroit Shoreway** 

# From WOW Walks to Explore West Park

West Park Kamm's Neighborhood Development presents Explore West Park, formerly Walk On Wednesdays, an event dedicated to getting active and exploring the diverse corners of West Park Kamm's!

### WHAT IS EXPLORE WEST PARK?

Explore West Park is an initiative dedicated not only to bringing folks together for guided tours that reveal West Park's storied history, but also an opportunity for residents and visitors alike to share their favorite sites around the neighborhood with the community.

WPKND will bring back guided tours this year - Wednesday evenings in the spirit of Walk on Wednesdays - and also offer residents and visitors opportunities to explore West Park Kamm's at their own pace. With self-guided tours, a wider range of unique routes with varying distances and sites will allow more of the neighborhood to be showcased. Whether it's a walk up from Stinchcomb Memorial to storied Exeter Square or a biking tour of Ward 17's neighborhood parks, Explore West Park will have exciting opportunities for everyone to discover something new about the commu-

Explore West Park gives individuals and families incentive to get active while learning about West Park. Throughout the season, a mix of some of the typical shorter walks that made Walk On Wednesdays a popular evening event will be hosted along with longer hikes and bike routes for our

ers to tackle at their own pace. However you choose to Explore West Park, enjoy the summer weather, learn something new about the neighborhood, and find

most avid explor-

a new favorite place! Keep an eye out for route announcements on bit.ly/ explorew-

Follow on our social media profiles @ WestParkKamms.

estpark.

BIKE EXPLORE **WEST PARK** G DD. HIBS

We cannot wait to get out there with warm days coming ahead to explore the unique spots across West Park Kamm's with you! Join us:

FIRST Wednesdays GUIDED walks | 6:30pm

June 2 July 7 August 4 September 1 with exception of

October 27 at Albers Cemetery

THIRD Wednesdays SELF-GUIDED walks RELEASED

June 16 July 21 August 18 September 15 October 20

To find walk details and where to meet, sign up for WPKND's enews at bit.ly/WPKND ENews or visit bit.ly/explorewestpark. All guided walks will require participants to wear masks and follow safety protocols. Call Devon, 216-252-6559 x1000 for more information.

# West Park Kamm's a Sustainable Neighborhood



With support from Neighborhood Connections and in partnership with Green Together West Park, Kamm's Corners Farmers Market will highlight the many ways that environmental sustainability and green living are practiced here in Cleveland. Come visit our Sustainability Booth to learn about the latest and greatest in all things green and find out how you can bring sustainability home with you to help make West Park Kamm's a sustainable neighborhood for generations to come!

See page 16-17 for more details on the Kamm's Corners Farmers Market or visit westparkkamms.org/market.

BIKE TO THE MARKET DAY - For the first Kamm's Corners Farmers Market of 2021, let's get as many marketgoers as possible to arrive on their bikes! Biking has a wide array of benefits to improve physical and mental health, plus increased use of bikes for short trips instead of cars can have positive environmental impacts. Meet Tim Comerford from Spin Bike Shop to learn more about the benefits of biking safely with the whole family and learn how you can make a difference just by riding your bike!

### June 20 and October 10

PERENNIAL EXCHANGE - Bring a perennial, take a perennial! The tradition returns in time for spring cleaning and fall plantings. Participation is free, and all marketgoers are invited to bring a perennial and browse the offerings left by neighbors.

### July 11

RAIN BARREL: Conserve water by installing a rain barrel! On July 11, meet rain barrel experts at the Sustainability Booth who will be on hand to answer questions and help you sign up for the rain barrel workshop. Those who complete the rain barrel workshop will be eligible to receive a free rain barrel for their home! \*Registration Required

### August 1, 8, and 15

HOME REPAIR RESOURCE CENTER presents 30-Minute Home Repair Workshops. WPKND is happy to host David Brock from Home Repair Resource Center to share some quick fixes with neighbors to help you perform maintenance affordably and sustainably. \*Registration Required

### August 1

SCREEN REPAIR: Replacing damaged screens is easier than you think, and something you can do yourself with just a little hands-on practice. \*Registration Required

### August 8

WINDOW GLAZING: Ensure your windows' energy efficiency by learning some tips for removing and adding glazing. Work on our model windows for practice. \*Registration Required

### August 15

FAUCET REPAIR: Try your hand at one of the most common home repairs by taking apart and re-assembling some standard faucet types. \*Registration Required

### August 29

STORMWATER MANAGEMENT – Did you know that the Kamm's Corners Farmers Market parking lot recently received a massive green overhaul? Join experts in green infrastructure and stormwater management for a guided tour of the parking lot and learn more about the frontier of green infrastructure implementation in our region as well as ways to get involved in advocating for it!

### September 5

SOLAR - It may feel pie-in-the-sky but transitioning to solar power could make a huge difference for your family, your business, and the environment. Come get the facts from experts on solar energy and learn about efforts to spread alternatives to fossil fuels to all!

### September 12

ROCKY RIVER NATURE CENTER - Fall in Cleveland, especially in the Metroparks, is gorgeous – but how do we capitalize on the season sustainably and prepare for winter? Join the naturalist from Cleveland Metroparks Rocky River Nature Center for a fun activity centered on living sustainably and learn how to continue green living when the leaves turn.

### October 10

PERENNIAL EXCHANGE - Bring a perennial, take a perennial! Just in time for thinning out of fall plantings. Participation is free, and all marketgoers are invited to bring a perennial and browse the offerings left by neighbors.

### TBI

TREE GIVEAWAY: Enhance the West Park tree canopy by planting a free tree in your yard! Hear from local experts on planting, care, and maintenance of trees and enter for a chance to take a tree home with you. Check the market calendar for dates. \*Registration Required

\*To register, call Devon 216-252-6559 x1000 or email your program interest to devon@westparkkamms.org.











# Summer Updates from Councilman Slife

By Charles Slife



T's shaping up to be a beautiful summer in Ward 17. Of course, the best way to make sure you can stay healthy and enjoy the warm weather is to get vaccinated against the Coronavirus. Vaccines are now widely available across the country, with many pharma-

cies, stores, and clinics offering walk-in appointments. The Cleveland Department of Public Health continues to hold vaccination events across the city, mostly at recreation centers. If you're having trouble getting a vaccine, please don't hesitate to contact my office for assistance.



Between local businesses expanding, new businesses coming into our neighborhood, and the redevelopment of the former Kmart site, 2021 is shaping up to be a busy year in West Park. As Coronavirus infections decrease, we'll all be able to get outside and spend time with our neighbors,

including at events like the GardenWalk Cleveland in West Park. In light of Cleveland hosting the NFL Draft in April, I've asked the Jackson Administration to immediately resume accepting permit applications for outdoor events on city streets and in parks, including the Kamm's Corners Independence Day parade for 31 years!

Springtime brings us pothole repairs, fast-growing grass, and home repairs/renovations. City crews continue to work across Ward 17 filling potholes that residents have reported. This year my office instituted a new tracking system to more easily report potholes to Public Works and monitor repairs. Potholes can be reported to my office by calling 216-664-4239.

Complaints about high grass are also common in the spring. City law requires grass to be less than 8 inches. If you're able, help a neighbor who may have a hard time mowing their lawn. If you know someone who needs help with mowing, home repairs, or maintenance, please have them reach out to JD at WPKND at 216-252-6559 x 1300 or jd@westparkkamms.org.

As always, bulk garbage collection takes place the first full week of every month. Mattresses and furniture must be wrapped in plastic to be collected. And up to 20 bags of yard waste are allowed per week, even during non-bulk collection

I'm eager to see you around the neighborhood this summer. And as always, please don't hesitate to reach out to my office, 216-664-4239!



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# **NOW OPEN!**



By Ben Campbell

ffering take-out, delivery, and catering options for West Park residents and businesses, Treehouse Provisions opened in April at 3885 Rocky River Drive. The menu, prepared by culinary trained chef Drew Slane, includes classic and modern cooking techniques that range from traditional recipes and comfort foods to vegan and gluten free preparations. The culinary emphasis is on the freshness and quality of ingredients and, whenever possible, the vegetables and meats are locally sourced to provide a farm to table eating experience. The menu offers upscale options at affordable prices.

"Treehouse Provisions will offer our neighbors scratchmade, fresh food with the ease and comfort of digital ordering," said co-owner Kevin Mooney, Jr.

Pick-up options include drive-thru lanes at the rear of the former bank building as well as a QR code scanning option in the front parking lot. Plans include adding their food truck in the front of the building for additional customer convenience.



Treehouse Provisions is an offshoot of Treehouse Mohicans, themohicans.net, which offers high-end camping, a wedding venue, and catering near Mohican State Park.

For more information or to order go to treehouseprovisions.com or by calling 216-343-1010. Follow Treehouse on social media @TreehouseProvisions.

# West Park Kamm's Awards Small Business Grants

By Ben Campbell

With funding provided by Citizens Bank and the Ohio CDC Association, West Park Kamm's Neighborhood Development launched a COVID Small Business Relief Grant aimed at supporting local businesses.

The grant applications were sent to 211 locally owned independent businesses in our neighborhood. All 12 local businesses who submitted applications were awarded funding.





This initiative is part of WPKND's broader strategy to connect our small businesses with programs and resources for COVID relief over the past year and until the end of the pandemic. Funds will pay for a range of investments from marketing, patio equipment purchases, PPE supplies, and web design, development, and online delivery services

WPKND is pleased to support these neighborhood businesses in continuing to weather the impacts of the pandemic:

- Style Mutt
- VIP Inn
- · Cleveland Bed & Biscuit
- Solstice Salon
- 5 Points Coffee & Tea
- PJ McIntyre's Irish Pub
- · Asia Star Clothing & Housewares
- Solus Lighting LTD
- Habesha Ethiopian & Eritrean Restaurant
- Inward Compass Yoga
- The Public House
- The Beauty Cartel

# Self Care at everBEAuty Inc.



Bv Mollie Wirtz

est Park resident Beatriz Vazquez opened everBEAuty Inc., a spa located at 15708 Lorain Avenue this spring. Originally from California, her family moved to Cleveland when she was 12. After earning a degree in business administration and spending more than 20 years as an independent and Allstate Insurance agent, Beatriz retired and attended Interstate Beauty College to start a second career as an advanced esthetician.

Beatriz has two salons, her first location in

Brooklyn, OH, and is exclusively taking appointments at the newly opened everBEAuty Inc. in West Park. She chose the location on Lorain Avenue so that she could be in her hometown neighborhood, West Park, and to be closer to her youngest son who attends Newton D. Baker School of the Arts.

As lash extension and other day spa services for many years were considered exclusively a luxury service, Beatriz seeks to bring facials, detoxing, lash extensions, tooth gems, and beautifying the skin at an affordable price point in a relaxing and comfortable environment.

Services by appointment only. Find booking information on Facebook @lashedbeat or Instagram @everBEAuty\_inc or by calling 216-800-6121.



# WEST PARK SHINING STARS

By Devon Chodzin

🧻 here is no doubt this school year has been unlike any other for West Park's young people. Ward 17 has a wide range of schools and residents have access to an incredible network of schools throughout the region that shape our young people.

To celebrate the end of this challenging school year, West Park Kamm's Neighborhood Development is highlighting these West Park resident scholars who have made the most of this year in their academics and extracurricular involvement. School administrators have selected the following students for their outstanding work to be a part of this feature. Very impressive with how many students have risen to the challenges this year, and we cannot wait to see what all of West Park's students accomplish next!



### Armaan

3rd Grade Al Ihsan School of Excellence

Armaan Syed is a 3rd-grade student at Al Ihsan School of Excellence. He works hard and is a very bright student. His favorite subject is Science and adds much to our class discussions. When not in school Armaan enjoys playing soccer.

-Maysa Jadallah, Principal Al Ihsan School of Excellence



### Ryan

5th Grade

Valley View Boys' Leadership Academy

Ryan is currently a 5th grader here at Valley View Boys' Leadership Academy. He has been a student of ours since pre-kindergarten and continues to thrive in all aspects. He is at the top of his class and has one of the most infectious smiles you'd ever come across. Not only did he excel in the physical classroom but also during our yearlong virtual learning experience. He has been focused, engaged, and continues to carry the Valley View mantel in all that he does.

-Terrence Mitchell, Principal Valley View Boys' Leadership Academy





### Jashmina

6th Grade

Douglas MacArthur Girls' Leadership Academy

Jashmina is a 6th-grade student here at Douglas MacArthur Girls' Leadership Academy who came to the United States from Nepal four years ago. The transition to eSchool was not easy for her or her siblings who she assists due to the language barrier, but we worked together to help her navigate the logistics. Once that clicked, a change took place within her and she took more ownership of her learning. Her mindset, skills, study habits, and overall knowledge growth are proof that, with guidance, students who have been forced into something they didn't ask for can succeed.

-Michelle Lopez, Teacher Douglas MacArthur Girls' Leadership Academy









(216)251-6841 olangels.org/school/

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### Liam 7th Grade Clara Westdropp Elementary School



I am submitting Liam Brown as an outstanding student who has mastered the technology to be successful in Virtual/ Hybrid Learning Environment. Although he has faced some challenges as a scholar with autism, he has worked diligently, setting an example for all students in the building. His hard work and dedication to his own growth academically is seen daily in all he does.

-Krystle George, Principal Clara Westropp Elementary School





# Our Lady of Angels Preschool

Now Enrolling! 3 - 5 Year Olds

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### PRESCHOOL CLASSES

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Full-Time 3: M-F 7:50am - 2:50pm Part-Time 3: M-F 7:50am - 11:00am Full-Time 4: M-F 7:50am - 2:50pm Part-Time 4: M-F 7:50am - 11:00am

\* Please contact the school for tuition information at 216-251-6841.



### What Makes Us Different?

Our Lady of Angels is a Catholic school instilling a spirit of mutual respect and concern for the whole child.

In preschool, our certified teachers individualize lesson plans around the strengths and challenges of our students. Our goal is to take each student to the next level of learning, and get them ready for Kindergarten.

Students learn best through experiences. In preschool we do hands on activities that help reinforce and master skills that are introduced. Each classroom is equipped with current technology for group and individual learning.

For the 2021-2022 school year:

Full-time students will receive \*2 months of free tuition. Part-time students will receive \*1 month of free tuition.

will be applied at end of the school year.

Thank you for considering Our Lady of Angels for your child, the beginning makes all the difference.



### Kei'Andre 5th Grade

Newton D. Baker

Between the COVID-19 pandemic and social turmoil, students at Newton D. Baker have faced a multitude of challenging emotions. So, when our students had the opportunity to work with Artist in Residence Doc Harrill to transmit their feelings into a creative hip-hop adventure, our students rose to the occasion. One of those students is Kei'Andre Durkin, a lead writer, whose embrace of the whole unit shined and his collaborative spirit came right out. We are very proud of Kei'Andre and this whole class!

- Chris Campion, Teacher Newton D. Baker

# Cian

6th Grade

St. Mark School

Cian Woff is a 6th Grade student at St. Mark School. Cian has always had an interest in playing the accordion since seeing live musicians playing at Irish dancing competitions. After receiving his accordion for his 11th birthday this past year, he started taking virtual lessons from a musician originally from Ireland, who currently lives in New York. Just last month, Cian competed in the Under 12 Music Category at a competition in New Jersey and won first place!

Throughout Covid, Cian has spent countless hours learning, practicing, and perfecting his skills on the accordion. And most importantly, Cian loves to share his love of Irish music with people and make them happy. Throughout this time of Covid, he has spent lots of time outside on his porch where neighbors and passers-by stop and listen to him play. This has been a great way to keep his neighbors "engaged" but safe. Learning the accordion has not only brought Cian great joy but also the many residents who are able to enjoy his music. Their smiles say it all! Cian hopes one day to be a musician at Irish dancing competitions after retiring in Irish dance competitions.

-Karen Cocita, Principal St. Mark School

### Lily

11th Grade Saint Joseph Academy

Lily Hynes is one of our strongest junior Jaguars! Between her dedication to Track + Field and her quick wit at Model UN, we could not be prouder of Lily. She exemplifies equal commitment to curricular & extracurricular pursuits and that has not faltered during this challenging year.

-Mackenzie Schuler, Communications Manager Saint Joseph Academy









### Finnegan 8th Grade Our Lady of Angels

Of the many wonderful students at Our Lady of Angels School, Finnegan Ross stands out. He is an 8th grader who has represented OLA well in a multitude of ways.

As an ambassador of the school and a server at the parish, Finn is always looking for ways to be of service to the school and wider community. Finn participated in Brain Brawl the past two years, an academic challenge-like competition at St. Ignatius High School. He is an excellent student, earning High Honors each quarter during this challenging year, and scoring in the 98 percentile on the high school placement test. He will be attending St. Ignatius High School in the fall.

-Kathy Krupar, Principal Our Lady Of Angels School







### a Summer of Fun Awaits

Girls entering grades 3-9 are invited to join us this summer to lead, explore and create! Our exciting array of in-person summer programs, led by our faculty, coaches and students, are designed to provide hands-on learning and creative problem-solving. Programs include M\*A\*S\*H (Medical Applications of Science and Health), Makerspace Academy, Girls Who Create + Code, sports, yoga, visual arts and so much more

**Programs run June-August** 

To learn about our admission events visit www.sia1890.org/summer or follow us on social media @sia1890





# **Registration Now Open!** Registering for 2021-2022 classes



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### Michael 12th Grade St. Edward High School

Michael established himself as a valued member of the Edwardian Players' Stage Crew and has been an instrumental part of the Tech Crew over the last four years. As the current Stage Manager for this year's Performing Arts productions, Michael's technical knowledge sets him apart as he's helped mentor fellow Edsmen with lighting, design, projections, and sound equipment. Throughout this past year, Michael has helped St. Ed's shift to hosting virtual events during the pandemic, taking the initiative to run event setup, audio installations, and streaming technology. Michael is a standout student in his academics, volunteer work, and many talents. He helps make St. Ed's a better place and we can't wait to see how he'll change the world after he graduates this

-John Goers, Associate VP of Buildings and Grounds St. Edward High School

# STAY UP TO DATE! SIGN UP FOR E-NEWS!



WPKND E-NEWS community infolevents



KAMM'S CORNERS FARMERS MARKET E-NEWS

weekly market schedule



Scan to sign up





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Stop by the Dedicated Senior Medical Center Healthy Living Booth for weekly health and wellness features, like health screenings, nutrition information, and more! Plus market dollars for qualifying patrons from Dediated Senior Medical Center. More info at westparkkamms.org/market/healthyliving.





### CASEY O'CONOR ORTHODONTICS FAMILY ACTIVITIES TENT

Check out the weekly features at the Casey O'Conor DDS Family Activity Tent offered by WPKND and local partners! The schedule and more information can be found at westparkkamms.or/market/ familyactivities.



### MUSIC

Music returns to the market this summer! Stay tuned!



### SUSTAINABILITY AT THE MARKET

Get tips on leading a sustainable life with the sustainability programming in partnership with Green Together West Park with support from Neighborhood Connections! See all the details on page 6.



### Thank you to our KCFM supporters











### FOOD ASSISTANCE AT THE KAMM'S CORNERS FARMERS MARKET















The Supplemental **Nutrition Assis**tance Program (SNAP) is part of the state's suite of programs to provide dollars for Card! food and nutritional assistance for low-income families and indi-

viduals

matches dollar-for-dollar amounts spent on your Ohio Direction or P-EBT Spend \$1 on your

**Produce Perks** 

card and receive \$1 in produce tokens, up to \$25.

WIC offices will be Income-qualifyat select market ing households dates throughout the season, disreceive \$40 worth tributing bonus of vouchers to produce dollars and small kitchen tools at the market! to WIC families.

Find the mar-Check the market ket calendar for schedule for WIC TANF dates.

Buckeye Health Plan clients with children can can spend their **Buckeye Fresh!** dollars at the spend on produce Kamm's Corners Farmers Market. For more information, check the market

Members of **Dedicated Senior** Medical Care can enjoy market dollars at the market. Details to follow.

For more information to see if you and your family qualify for any of these benefits, visit the Ohio Department of Jobs & Family Services website at ifs.ohio.gov or call the Cuyahoga County Jobs & Family Services at 216-987-6640.

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Dates!

### WATCH AND LEARN

website.

Enjoy KCFM's Chef Demos and Sustainability Programs on YouTube @WestParkKamms.

### STAY INFORMED



Stay connect with market updates by signing up for Kamm's Corners Farmers Market enews at westparkkamms.org/market.

All working and attending the market will need to follow safety protocols established in conjunction with local, state, and federal guidance/regulations.

### MEET THE 2021 KCFM TEAM



Kamm's Corners Farmers Market Manager

JD is the Kamm's Corners Farmers Market Manager and is responsible for housing, community events, and engagement as WPKND's Neighborood Development Specialist.



Triniti West

Intern| Summer on the Cuyahoga

Triniti is a junior at Colgate University in upstate New York. She is a Texan native and majoring in Biology. Triniti is interested in public health access, food sustainability and women's health.



### Devon Chodzin

Neighborhood Engagement Coordinator

Devon is working in West Park with community outreach, engagement, and neighborhood programming at WPKND.



**Emily Pikturna** 

Americorps VISTA

Emily is West Parker, a Senior at Dickinson College in Pennsylvania, studying Environmental Studies and Food Studies. Her interests include environmentalism, sustainability, and food systems

# Imagine That & More Opening at Kamms Plaza

By Ben Campbell

egan Sorn, owner of Imagine That Designs, has come a long way in a short time. She started her quilt design and production business in her West Park home, relocated to a storefront at 15708 Lorain Avenue two years ago, shifted to mask production to sustain her business during COVID, and now plans to add a second location in Kamms Plaza at 3756 Rocky River Drive. The grand opening for the new location is tentatively scheduled for late summer.

"When I decided to expand," stated Megan, "my two primary goals were to do it in West Park Kamm's and to create a space to cultivate the arts in the neighborhood."

With her business partners Linda Barnard and Johnny Sorn, Imagine That & More will expand on her existing business model. Stations will be available for rent for sewing and quilt-making, and Megan's equipment—including her longarm machine which is used to stitch the individual panels together to make the whole quilt—will be made available as well. In addition to the station rentals there will be open studio sessions, training, and Sit & Sew sessions for sewing, quilting, crochet, and knitting. Trainings will focus on the Free Motion technique, a method

to guide the craft. The space will include a gallery for multi-media displays and exhibits. Starting this summer, she plans to hold Top Secret T-Shirt Tuesdays twice a month for lessons to teaching people how to sew memory quilts made from t-shirts.



A recent survey estimated there are as many as 10 million dedicated quilters in the country who spend up to \$2.6 billion annually on their hobby. There is growing evidence that the arts are not just an aesthetic pursuit but also a driver of economic activity and investments. Imagine That & More will likely become a regional destination as longarm rentals are rare and Free Motion sewing lessons become sought after in Greater Cleveland.

Renovations to the new space are underway and Megan's next steps will be to develop a website and set up phone service. For more information or to schedule long arm rental contact: Imagine-thatdesignsLLC1@gmail.com.



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# ROBOTIC THORACIC SURGERY FOR LUNG CANCER, HERNIAS AND MORE

Robotic surgery is now the preferred method for operating on all kinds of conditions in your chest, from lung cancer to hernias.



Leonard Wudel, MD

"Since robotic thoracic surgery began about 20 years ago, the technology has been evolving," says Leonard Wudel, MD, the new Director of Thoracic Surgery for Cleveland Clinic's west side hospitals. "It's the most advanced and least invasive approach we can offer patients in 2021."

Dr. Wudel has performed more than 1,500 robotic procedures in the past 10 years and is one of the most experienced robotic thoracic surgeons in the U.S. He joined Cleveland Clinic in 2021 and now sees patients at Cleveland Clinic Fairview Hospital.

Robotic surgery is possible for a range of conditions, including:

- Interstitial lung disease
- Lung cancer
- Mediastinal tumors and cysts
- Diaphragm hernias and paralysis
- · Esophageal cancer, hernias, reflux and achalasia
- Chest wall abnormalities
- Pleural abnormalities
- Hyperhidrosis
- Chylothorax

Rather than opening a patient's chest, Dr. Wudel typically uses three tiny incisions, each smaller than a dime. Slender robotic arms with surgical tools fit into the tiny openings. Dr. Wudel guides them from a control console, seeing inside the patient with a high-definition 3D camera. "There's much less trauma to the chest wall, less blood loss and less pain than with traditional surgery," he says. "Patients recover faster and go home from the hospital sooner. It's really the safest method for chest surgeries." Robotic surgery is best for most patients, he says. However, it may not be possible for people with very large tumors, which can't be removed through a tiny incision. It also may not be best for people who have lots of scar tissue due to past surgeries.

To make an appointment with Dr. Wudel at Fairview Hospital, call 440.333.8600. For more information, visit ClevelandClinic.org/FairviewHospital.

# (PECTING A BABY?

Birthing services at Fairview Hospital allow for personalized deliveries, whether it be the traditional approach for low, medium and high-risk deliveries in the Birthing Center, or natural childbirth with minimal intervention in the Family Birth Place.

One of only two in-hospital birth centers in Ohio, Fairview's Family Birth Place has six private, newly renovated suites for labor, delivery and post-partum, plus three additional post-partum rooms, and an environment that allows newborns to room with mothers to immediately begin the bonding process. The suites are spacious and bright, with contemporary furnishings and hydrotherapy

options for water labor. Comfort measures include large, freestanding labor tubs and showers; nitrous oxide, IV pain medication, and information about other techniques are available to work through the Fairview labor pain.

For premature babies or those born with health issues, Fairview Hospital is home to the only level III Neonatal Intensive Care Unit (NICU) on the west side.

Expectant parents can also take comfort knowing that Fairview's Birthing Center is widely recognized for providing the highest level of birthing care, and has been named one of Newsweek's "Best Maternity Hospitals" in 2020 and 2021.

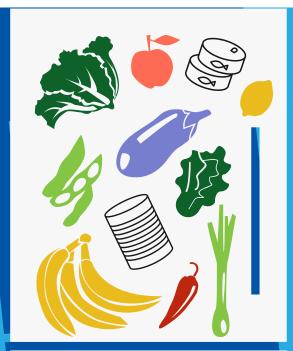
To schedule an appointment with an Ob/Gyn near you, call 216.444.6601. For more **Hospital Birthing** Center, Family Birth Place, natural childbirth or childbirth education, and parenting classes, please go to clevelandclinic.org/ fairviewbirthing.

# WARD 17 Resident Resources

If you require assistance with the expenses of homeownership or are looking to make home improvements, reach out to West Park Kamm's for assistance. WPKND can help!

Contact JD Smith at 216-252-6559 x 1300 or jd@westparkkamms.org for more information.
Online details at westparkkamms.org/live/maintain-a-home.

* indicates income qualifying p	rograms	
Homestead Water/ Sewer Discount *	Secure a lower fixed charge and consumption rate for seniors and/or permanent disabled individuals.	
Senior Service Program (Ward 16 & 17) *	Schedule services such as gutter cleaning and lawn care for senior and disabled residents.	
Water Affordability Program *	Offers a 40% discount on all standard water charges.	
Home Energy Assistance Program (HEAP)	HEAP assists eligible low-income residents with their winter home heating costs using natural gas, electric, oil, kerosene, or wood.	
Lead Hazard Control Program (LHC)	Provides lead risk assessments, identifies lead–based paint and provides grants to control lead-based paint hazards.	
Delinquent Tax Payment Plan	Payment plans are available for homeowners who live in their homes. Landlords may be eligible for installment plans (up to 24 months).	
Home Weatherization Assistance Program (HWAP) *	Offers energy efficient measures designed to decrease utility bills & improve energy deficiencies.	
Cleveland 50/50 Sidewalk Residential Replacement	Partnership between the city and residents. Eligible repairs include sidewalks, driveway aprons, & curbs at the end of driveways.	
Cleveland Restoration Society (CRS)	A low-interest (under 2%), fixed-rate, equity-based loan for maintaining & improving homes 50+ years. Interior & exterior projects qualify. Plus, free technical assistance on questions related to home conditions or repair.	
Housing Enhancement Loan Program (HELP)	Provides home improvement loans, at 3% points below normal bank rates, for homeowners.  No restrictions on a borrower's income and few limitations on what improvements can be made to a property.	
West Park Sherwin Williams Paint Program	Discounts on paint and painting supplies. All those living in Ward 17 are eligible. Limit one per household.	
Senior Home Repair	Small exterior repair grants of up to \$500 for seniors and adults with disabilities.  Grants and grant size are income-qualifying.	
CHN Energy Efficiency Services	Services include insulation, LED bulb installation, and Energy Star refrigeration replacement.	
Contractor List	Looking for help with a project at home? WPKND has a list of local contractors and tips for hiring one.	



# Food Assistance

Contact Devon Chodzin at 216-252-6559 x 1000 or devon@westparkkamms.org for more information on food resources.





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WPKND has various volunteer positions available for individuals, families, or groups.

westparkkamms.org/about-wpknd, volunteer-with-us or call Devon at 216-252-6559 x1000 or email devon@ westparkkamms.org.







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- Post your pics in West Park Kamm's
- Tag WPKND on Instagram or Facebook @WestParkKamms and #WestParkCLE
- For each post, WPKND will put the names in the drawing. Winner will be randomly chosen to receive West Park prize package on October 17 at the Kamm's Corner's Farmers Market.

See all the details at westparkkamms.org!



nince Kmart closed in late 2017, the future of the site has been a top concern of neighborhood residents and a priority for West Park Kamm's Neighborhood Development (WPKND) and Councilman Slife. To further encourage redevelopment, WPKND in partnership with the Councilman engaged Cleveland State University's capstone planning class in 2019 to examine the Lorain corridor, including the Kmart site, soliciting feedback from nearly 2,500 residents and sharing the findings with TLM Realty Corp. so that they could better understand community needs.

Over the last several months WPKND and Councilman Slife have worked with the property owners as they have completed development plans to rehabilitate and retenant the site into a retail center that will include three new tenants in the former Kmart building, a newly built grocer on the current site of Rubin's Family Restaurant (who is building a new restaurant across the street), and a new outparcel building at the corner of Lorain and W. 150th Street.

After several rounds of project updates to incorporate the priorities - like more trees and better pedestrian connections - voiced by the community, WPKND, Councilman Slife, and Far West Design Review, TLM Realty



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# **WEST PARK NEIGHBOR NIGHT**

↑ Jest Park Neighbor Night is a community gather-

### **SUMMER MEETINGS:** June 9 July 14

August 11



# FORMER KMART TO BE REDEVELOPED AS **WEST PARK SHOPPING CENTER**

By Rosemary Mudry



share news and updates. For more information and to stay up to date on the project visit westparkkamms.org/kmart-site-redevelopment.

Corp. presented and received approval on their site plans at

and completes construction plans, WPKND will continue to

Over the coming months, as TLM Realty Corp. solidifies leases

Cleveland Planning Commission on May 7, 2021.



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### **COMING SOON:**

# Ground-Breaking for Expansion of West Park Animal Hospital

By Ben Campbell

onstruction is scheduled to begin soon on a new 35,000 square foot building for the West Park Animal Hospital at 4117 Rocky River Drive. The new building will replace their existing 7,000 square foot building, which will be demolished upon completion of the new structure. The expansion will allow the business to better serve clients and their pets with increased efficiency and additional services. West Park Animal Hospital's goal is to provide high

quality medical care by increasing the number of exams rooms from 6 to 24 as well as creating a separate feline clinic to provide a stress-free care environment for cats.

The \$12 million project will begin as soon as the City of Cleveland approves the building permits and construction will take at least one year to complete. Over time, the new facility could allow the business to employ as many as 175 employees, many of whom live in West Park.

# Renovations and Additions Underway at Franciscan Village



or 40 years West Park's Franciscan Village has offered high-quality affordable housing for seniors in their complex on Rocky River Dr. Forty years, and it's time for renovations.

Project is being financed by Low Income Housing Tax credits, Franciscan Village, LSC Service Corporation, and Joyce Development. The ground has been broken on the comprehensive rehabilitation of existing buildings. The redevelopment plan, which will better connect the three existing buildings, includes a gut rehab of the existing 176 units and common areas, a new atrium, community room, and the acquisition of the old Our Lady of Angels Rectory, which will house new amenities like a fitness center, library, medical services, a computer room, and a beauty shop. Other improvements include a new 64-68 unit resident building and a new health and wellness field and outdoor space for residents. The redevelopment is scheduled to be completed in the Spring of 2022.

There is high demand across the region for affordable, quality senior housing, as evident by Franciscan Village's long wait list. "We're finding that supply does not equal demand," said Donald Heckelmoser, President/CEO of LSC Service Corporation, which manages multiple affordable senior housing properties in Greater Cleveland. The new additions and renovations of Franciscan Village look to close that gap, while providing critical wrap-around service connections through their on-location service coordinator, who facilitates a network of resources for residents. Those resources include Medicare/Medicaid information, socialization, health and wellness, and most recently, providing a COVID-19 vaccine to every resident. These services are designed to "lengthen the time of independence," as

Franciscan Village Property Manager Cathy Sabolik puts it, as well as by providing an affordable, healthy, comfortable, safe place to live for seniors in West Park.

See the renderings on this page. For more information on Franciscan Village, visit franvillage.org.

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Cleveland Public Library will still provide the Homebound Service for those who are unable to return items on their own because of disability or age. West Park Branch: 3805 West 157 Street 216-623-7102

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# Kenpo Master Shares His Knowledge from West Park Home

By: Devon Chodzin

ithout a doubt. West Park's greatest asset is its people. West Park is home to residents who come from every walk of life with stories of all kinds. West Park's own martial arts master, lifelong educator, and crisis prevention expert AlGene Caraulia's unique story highlights how key moments from youth can lead to quests that send someone searching for betterment and answers to tough questions well into adulthood.

AlGene Caraulia was born and raised on the island of Oahu in Hawaii. He was always an avid athlete, gravitating towards basketball at a young age. On the basketball court, AlGene learned the imperative of fighting fair after a fight with a fellow basketball-player classmate at the age of 11, leading him to pivot towards martial arts. He quickly began his studying in jiu-jitsu and in kenpo karate out of a sincere interest in self-defense along with the structure and fairness these martial arts styles provide. As a young person, it meant a lot to AlGene to be tough and to have fun, which kept him involved while increasing his skillset throughout his youth in Hawaii.

AlGene brought his love for athletics to college at Northern Michigan University in Marquette, located in the Upper Peninsula along the shore of Lake Superior. In addition to his regular regiment of martial arts, AlGene was an avid swimmer and diver during his college years. He studied music, communication, and more, melding many of his disparate interests. He spent his summers teaching karate in Chicago, where he settled after graduating from NMU in the early 1960s.

While living and working in Chicago, AlGene decided to enter the United

States Karate Association (USKA) World Karate Championship in 1963, the inaugural year for the competition. While still a brown belt in Kajukenbo, AlGene defeated a third-degree black belt for the first World Championship title, one of dozens of titles he would come to earn across Karate and Judo at tournaments all over, eventually landing himself in the Professional Karate Hall of Fame in 1974. His successful competition career earned him considerable fame in martial arts circles, and it was not uncommon for him to be recognized by passersby while on his travels.

In Chicago, AlGene continued to teach karate to students and self-defense to a broad audience, but he wanted a new path forward. The desire to broaden his professional experience brought him to Cleveland to pursue a career in public relations with the Ohio Judo &

Karate Association. He also sought the opportunity to teach in his own studio as a business owner and to teach according to his own maturing philosophy. To him, the history of martial arts is revealing: many of these traditions emerged in Asian religious contexts and emphasized the maintenance of peace over the grandeur of combat. He brought this worldview to Old Brooklyn's historic Brighton corridor at the corner of Pearl and Broadview Roads in 1970 when he opened his own dojo, Karate Institute of America. KIA still maintains a presence throughout Northeast Ohio and Michigan, with Cleveland's branch now located at 11500 Lorain Avenue. Today, AlGene still has many of the trophies his students earned for their competitive achievements in his Triskett Road

While continuing to teach self-defense in and around Cleveland, AlGene made a breakthrough realization. In his work as a self-defense instructor for staff at mental health clinics and schools teaching disabled youth, Al-Gene realized that the growth mindset and philosophies of peace that exist in martial arts did not immediately translate into these settings. At the time, staff were most concerned with maintaining order and control. This caused AlGene to reflect on his athletic experiences – what could crisis intervention learn from the martial arts? He reflected on a particularly unique experience from his past when one of his instructors used his martial arts training defuse a tough situation with a belligerent & intoxicated rela-

tive with a painless and psychologically therapeutic maneuver.

Through his work at the Crisis Prevention Institute, which he founded in 1980, AlGene has used his experience



in the martial arts to advocate for a style of crisis intervention which focuses on the therapeutic, mutual experience between staff and clients who are physically acting out. Al-Gene's practices recognize that simply "regaining control" does not help to identify triggers for individuals acting out, and that therapeutic forms of nonviolent crisis intervention rooted in the martial arts tradition can help minimize risk to individuals and give all parties the space to work through triggers or other complex emotional responses. Self-defense for staff is only part of the process - there must also be a better approach to dealing with clients that is rooted in empathy.

While competitive martial arts allowed him to travel all over, AlGene has also had the opportunity to trave internationally to train and lecture on his work while leading the Crisis Prevention Institute. The Institute

boasts offices in 4 countries and international has received recognition in leadership towards a more compassionate workplace across a variety of service industries. Now 80, AlGene is retired, and has proudly called West Park home for four decades.

40 years ago, AlGene considered downsizing to a minimalist apartment due to his particularly busy work schedule teaching karate for over 10 hours a day. However, one day, while driving down Triskett Road, AlGene came across a large farmhouse for sale with a large backyard, providing an oasis of land within the city. He struck up a conversation with the elderly owner, an Italian woman, and they quickly became friends. AlGene then purchased the property and has since completed many improvements to the home and the property. Behind the main house, AlGene built an accessory dwelling with modern amenities in 1998, where he spends most of his time today, writing extensively in a quest to contribute to the greater book of human knowledge. His accolades are displayed prominently throughout the

For AlGene, the West Park experience has been ideal. He maintains proximity to the urban amenities he has always preferred while still being able to have a gathering space for his large extended family to get together in the summers. In his days lecturing, proximity to the airport was particularly convenient. He looks forward to continuing his retirement in West Park, writing his life story to preserve the knowledge that has helped him grow as an athlete and as a professional in crisis prevention.

It may seem fantastical to think how a playground kerfuffle could have inspired AlGene to pursue a career in athletics and well-being, but for AlGene, the sequence is all part of the plan to collect and share the knowledge that humans need to achieve the peaceable society for which he seeks.





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Your tax-deductible donation helps continue programming and events like the Kamm's Corners Farmers Market, Lawn Chair Cinema, The Hooley<sup>TM</sup>, and Explore West Park Walks. Together we can support our most vulnerable residents by assisting seniors in our community through the senior home repair program and connecting those in need to the resources essential to their well-being. By helping existing businesses to thrive and fostering new business growth, we can ensure our commercial corridors have a vibrant future.



On behalf of the staff and board of West Park Kamm's Neighborhood Development, we are thankful for your contribution! You can donate online at bit.ly/loveWPKND, QR code, or mail back the form below!

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